

# OASIS news

Older  
Adult  
Social &  
Information  
Services

*The official guide to the programs and services offered at the OASIS Senior Center*

JULY 2020

VOL. 44 NO. 7



*A Publication of the City of Newport Beach and the Friends of OASIS*  
*(949) 644-3244    [www.newportbeachca.gov/oasis](http://www.newportbeachca.gov/oasis)*



# OASIS SENIOR CENTER



COVID-19 Support

## OASIS Senior Center is here to help our Newport Beach Seniors.

Our staff is available by phone  
to help Newport Beach  
seniors with the following:



TRANSPORTATION  
RESOURCES



FOOD



EMERGENCY  
SUPPLIES



FRIENDLY  
PHONE CALL

**Monday-Friday | 8am-5pm**

Call us at 949-644-3244 for assistance.

### OASIS Senior Center

801 Narcissus Ave., Corona del Mar, CA 92625-1501  
[www.newportbeachca.gov/oasis](http://www.newportbeachca.gov/oasis)

#### Administration Office

949- 644-3244

M-Th: 7:30am-5:30pm

Friday: 8am-5pm

Saturday/Sunday Closed

#### Fitness Center

949- 718-1818

M-Th: 7am-8pm,

Friday: 7am-5pm

Saturday/Sunday: 8am-4pm

**CENTER IS CLOSED ON ALL CITY-OBSERVED HOLIDAYS.**

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Jessica Olson

949-718-1811

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Yvette Pergola

Margo Stuart

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### Friends of OASIS Staff and Office

**Eleanor Anderson & Berenice Barajas**

801 Narcissus Ave., Corona del Mar, CA 92625-1501

[www.friendsofoasis.org](http://www.friendsofoasis.org)

Phone: 949-718-1800 - Fax: 949-720-8704

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# Welcome to OASIS



**OASIS is closed until further notice. Our website has the most up-to-date information on a reopen date, along with many resources to help you through: [www.newportbeachca.gov/oasis](http://www.newportbeachca.gov/oasis)**



## Celeste Jardine-Haug

OASIS Senior Center Manager

I wish I could say that things have changed here at OASIS. Unfortunately, we are still in a holding pattern waiting for COVID incidences to substantially decrease. When the County Health Department says that it is safe to open up a Senior Center, you will know.

In the meantime, our staff have come back to the offices and we are here to help you by phone. We have HICAP and legal services available as well one on one personal training in our courtyard area. If you are Fitness Center member, and would like the services of a Personal Trainer, please call the Fitness Center at 949-718-1818. I hope you have taken advantage of some of our Virtual activities. They are a lot of fun.

In this time of isolation for so many, I hope that if you are able, you will take the time to reach out to a senior who is alone. This simple gesture might be just the thing that is needed. Our staff have been making calls to our members, which has been very rewarding.

Hope that you are able to do something enjoyable for the fourth.

*Celeste*



## Mike Zimmerman

Friends of OASIS President



July 4th greetings to all our Friends of OASIS members, and a salute to our great country, and the heroes that fought and died for our freedom. We are slowly moving forward for a soft opening of OASIS in the near future. I would like to remind all of you to check when you need to renew your Friends membership. As you hopefully know, whatever month you originally signed up, is the month in which your membership comes due. Not getting our Eblasts or Enewsletters, is a wakeup call that your membership has lapsed, and you need to re-up once again. We will be adding your "expiration date" to your mailing address on the next OASIS Newsletter, to help you remember. Hopefully we will have some of our classes resuming in September, so look again for a hard copy of our Newsletter soon, which will include a Fall class schedule. As promised, we have kept your membership at a very modest \$15 a year.

The 2020 Fund Drive has again begun, and the thermometers will be put out once again for the community to see. As I said before, we have been spending money on things, and need your support more than ever to refill our coffers. When you receive our letter, please don't hesitate, or delay, and put in whatever you can afford, and send it back to us in the envelope provided. We truly need your help as of late.

We finally had our first Board of Director's meeting since February, this week. So nice to see all our Board members in attendance. We met in the "round, minding social distancing, and all with masks" in the large Event Center. Most elected, are previous or current members of both the Board of Directors, as well as the re-election of our current Executive Board members for one more (and last for some of us) year of duty. I would like to introduce Judy Cooper to all of you, as our new Board member. We welcome Judy to our "tribe" and she joked with me that "I have a 3-minute commute" as she lives right across the street! I would also like to thank our retiring Board members, Evelyn Hart, Anthony Allen, and Lynn Cathcart, for their service to Friends for many, many years. Their graciousness for serving, is now our gratitude for their service. If you see a Board member on campus, give them an "elbow bump, or wave" and tell them "thanks" as they ALL do a great job for you, and their service and time are all gratis.

Please be safe, social distance please, and always wear your masks. I know it is a pain, but for now a necessity to rid this horrible disease.

Will always be at your service,

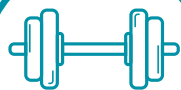
*Mike*



## OASIS VIRTUAL PROGRAMS



[WWW.NEWPORTBEACHCA.GOV/OASIS](http://WWW.NEWPORTBEACHCA.GOV/OASIS)



FITNESS CLASSES

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ONLINE NOW!



SUPPORT SERVICES



HISTORY LECTURES



TECHNOLOGY CLASSES



LET'S GO TRIPPIN



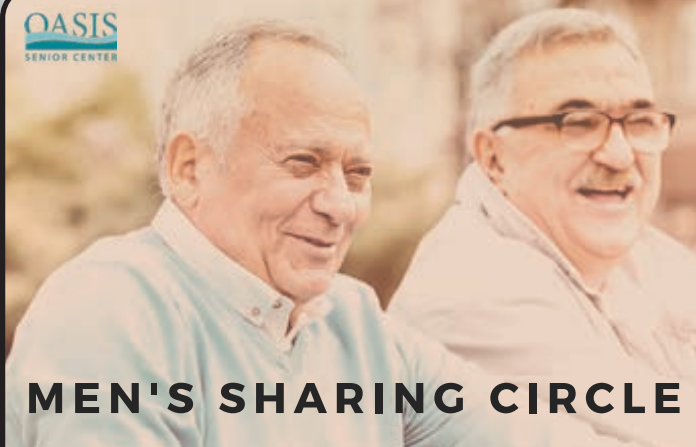
LANGUAGE CLASSES



ART CLASSES

Register online at  
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OASIS Senior Center  
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## MEN'S SHARING CIRCLE

**Wednesdays**  
**July 15 - August 12, 2020**  
**2:00 pm - 3:30 pm via Zoom**

Are you looking for a safe place where you can share the joys and sorrows of your life with other Senior men?

If yes, please join us for a 5 week, virtual Men's Sharing Circle where we will explore how our lives are working for us in the interesting times that we are currently living in.

An ideal participant would be

- A reflective man who is comfortable sharing his thoughts and feelings
- An empathetic listener
- Someone comfortable with joining and participating in Zoom calls as well as reading and sending emails

Limited to 9 participants, including the facilitator.

RSVP required: 949-644-3244 or [oasiscenter@newportbeachca.gov](mailto:oasiscenter@newportbeachca.gov)

Over the last 20 years, facilitator Dick Granoff has created hundreds of safe spaces where participants have felt comfortable sharing their thoughts and feelings on a variety of topics. Feel free to contact him at 949-791-2404. If you have any questions about the Group.



## HELPING YOUR BRAIN & BODY NAVIGATE AROUND STRESS & FEAR DURING THE PANDEMIC

Virtual Presentation by  
Lyn Truesdell, PsyD

**FRIDAY, JULY 17, 2020 - 11:00 AM**

RSVP REQUIRED (949) 644-3244 OR  
[OASISCENTER@NEWPORTBEACHCA.GOV](mailto:OASISCENTER@NEWPORTBEACHCA.GOV)

The past few months have proven to be a difficult time for many as worry and concern for the future are intensified. Even those who felt well-grounded before the pandemic find themselves tensed at the surreal scene of everyone in masks at the supermarket.

During a time of social interaction being restricted, daily routines needing to be changed, and floods of negative news in the media, it is more important than ever to focus on your mental health.

We'll cover topics such as:

- How anxiety changes your brain and body and how we can lower our level of stress every day
- Why we should watch only 30 minutes of the news each day
- What positive emotions we can nurture to boost feelings of hope as we become adjusted to the world's new normal



Dr. Truesdell is a clinical psychologist with a private practice in Irvine, and works with older adults challenged by anxiety, depression, and grief.



**UCI HEALTH PRESENTS**

## Rejuvenating the Aging Eyelid

**Presenter: Lilangi Ediriwickrema, MD**

Droopy eyelid or ptosis is when the upper eyelid droops downward. However, a droopy eyelid can cover the pupil and reduce vision in some cases. Ptosis can be present at birth, but people can also acquire it later in life due to injury or stretching of eyelid muscles or ligaments. Learn more about this to assist you or someone you know.

## ZOOM LECTURE

**Tuesday, July 21, 6-7pm**

Meeting URL: <https://ucihealth.zoom.us/j/97445103778?pwd=Nk9rcKQ4UCt4eGlzVitFV3dScUNUQT09>

Meeting ID: 974 4510 3778

Password: 486360



Please RSVP to  
[oasiscenter@newportbeachca.gov](mailto:oasiscenter@newportbeachca.gov)  
by Monday, July 20



## Virtual Drumming with Lee Kix

Stop "solo" sheltering in silence  
Come make some sounds with Kix

**Second Wednesday of the Month at 10am**

Find something from around your house to Shake, Rattle or Roll and play along with Lee Kix on a Virtual ZOOM Drum Circle. Discover your own Inner Rhythm playing with some other fun seniors!

Add aTopic: My DRUM Meeting

[https://us04web.zoom.us/j/79419800988?](https://us04web.zoom.us/j/79419800988?pwd=VzQ3akZ6SnIwazhVS3NrZXFBV0VXUT09)

[pwd=VzQ3akZ6SnIwazhVS3NrZXFBV0VXUT09](https://us04web.zoom.us/j/79419800988?pwd=VzQ3akZ6SnIwazhVS3NrZXFBV0VXUT09)

Meeting ID: 794 1980 0988

Password: 9ppm6U







## Learn a New Language

With Portal Languages  
ONLINE!

REGISTER  
ONLINE NOW!

### FRENCH 1A

ORCS10 6/23-8/11 Tu 9-10am \$160

### FRENCH 2A-CONTINUATION

ORCS11 6/22-7/27 M 9-10am \$120

### SPANISH 1A

ORCS12 6/24-8/12 W 9-10am \$160

### CONVERSATIONAL INTERMEDIATE SPANISH

ORCS13 6/22-7/20 M 6-7pm \$100

ORCS17 7/27-8/24 M 6-7pm \$100

### ITALIAN 1A

ORCS14 6/24-8/12 W 5:30-6:30pm \$160

### MANDARIN 1A

ORCS15 7/2-8/20 Th 3-4pm \$160

### PORTUGUESE 1A

ORCS16 6/23-8/11 Tu 6-7pm \$160

Register online at  
**NEWPORTBEACHCA.GOV/REGISTER**

OASIS Senior Center  
949-644-3244 | [oasisnewportbeachca.gov](http://oasisnewportbeachca.gov)

## ZUMBA GOLD ONLINE

Did you know that dancing reverses the signs of aging in the brain and body? Discover how you can do this and groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact, dance steps to a variety of motivating music. Sign up now, get results and feel the joy!

**FREE Demo Class Monday 6/22 9-10am \*ORCSF1**

\*Register by Friday noon June 19th with Google ID & Google app installed

ORCS45	7/6-7/27	MONDAY 9-10AM	\$65
ORCS46	8/3-8/24	MONDAY 9-10AM	\$65
ORCS47	7/6-8/1	ANYTIME ACCESS	\$145
ORCS48	8/3-8/29	ANYTIME ACCESS	\$145

- **REGISTRATION INCLUDES:** A NEW LINK IS EMAILED EVERY MONDAY JUST PRIOR TO CLASS, THIS IS A PRIVATE, PASSWORD-PROTECTED VIDEO.
- **ANYTIME ACCESS:** IF YOU ARE ENROLLED IN THE ANYTIME ACCESS VERSION OF THIS CLASS, YOU CAN VIEW YOUR VIDEO ANY TIME AS OFTEN AS YOU WANT DURING THE SESSION.
- **REQUIREMENTS:** STUDENTS WILL REQUIRE A LAPTOP, COMPUTER, OR TABLET, A GOOGLE ID, AND ACCESS TO A RELIABLE INTERNET CONNECTION. IF VIEWING ON MOBILE DEVICE, YOU NEED THE GOOGLE DRIVE APP.



**REGISTER AT: WWW.NEWPORTBEACHCA.GOV/REGISTER**



## BARRE STRETCH & STRENGTH ONLINE



Live longer, get stronger! No floor work; Stand or sit for the whole class. You will be led through easy-to-follow, head-to-toe exercises that are effective and fun. A chair provides stability while you strengthen muscles to improve your balance, mobility and circulation. Stretch to increase flexibility and range of motion and reduce muscle tension.

**FREE Demo Class Monday 6/22 10:15-11am \*ORCSF2**

\*Register by Friday noon June 19th with Google ID & Google app installed

ORCS41	7/6 - 7/27	MONDAY 10:15-11AM	\$65
ORCS42	8/3 - 8/24	MONDAY 10:15-11AM	\$65
ORCS43	7/6 - 8/1	ANYTIME ACCESS	\$145
ORCS44	8/3 - 8/29	ANYTIME ACCESS	\$145

- **REGISTRATION INCLUDES:** A NEW LINK IS EMAILED EVERY MONDAY JUST PRIOR TO CLASS, THIS IS A PRIVATE, PASSWORD-PROTECTED VIDEO.
- **ANYTIME ACCESS:** IF YOU ARE ENROLLED IN THE ANYTIME ACCESS VERSION OF THIS CLASS, YOU CAN VIEW YOUR VIDEO ANY TIME AS OFTEN AS YOU WANT DURING THE SESSION.
- **REQUIREMENTS:** STUDENTS WILL REQUIRE A LAPTOP, COMPUTER, OR TABLET, A GOOGLE ID, AND ACCESS TO A RELIABLE INTERNET CONNECTION. IF VIEWING ON MOBILE DEVICE, YOU NEED THE GOOGLE DRIVE APP.

**REGISTER AT: WWW.NEWPORTBEACHCA.GOV/REGISTER**

## CHAIR DANCE & FITNESS ONLINE

Keep your body and mind as healthy as you can. Did you know can reverse the signs of aging in your brain when you learn some simple dance steps that can be done sitting in the chair? Chair Dance and Fitness has easy movements to increase strength and flexibility in your arms, legs and core muscles. Enjoy listening to energizing music and have a joyful time moving with our uplifting instructors. Great for older adults and injury recovery!



**FREE Demo Class Monday 6/22 11:15am-12pm \*ORCSF3**

\*Register by Friday noon June 19th with Google ID & Google app installed

ORCS49	7/6-7/27	Monday 11:15am-12pm	\$45
ORCS50	8/3-8/24	Monday 11:15am-12pm	\$45
ORCS51	7/6-8/1	Anytime Access	\$125
ORCS52	8/3-8/29	Anytime Access	\$125

- **REGISTRATION INCLUDES:** A NEW LINK IS EMAILED EVERY MONDAY JUST PRIOR TO CLASS, THIS IS A PRIVATE, PASSWORD-PROTECTED VIDEO.
- **ANYTIME ACCESS:** IF YOU ARE ENROLLED IN THE ANYTIME ACCESS VERSION OF THIS CLASS, YOU CAN VIEW YOUR VIDEO ANY TIME AS OFTEN AS YOU WANT DURING THE SESSION.
- **REQUIREMENTS:** STUDENTS WILL REQUIRE A LAPTOP, COMPUTER, OR TABLET, A GOOGLE ID, AND ACCESS TO A RELIABLE INTERNET CONNECTION. IF VIEWING ON MOBILE DEVICE, YOU NEED THE GOOGLE DRIVE APP.



**REGISTER AT: WWW.NEWPORTBEACHCA.GOV/REGISTER**

## LET'S GO TRIPPIN'

FREE VIRTUAL TRAVEL PRESENTATIONS



**Friday, July 3 at 3:30pm**

**Papua New Guinea, Malaysia and Indonesia**

**Presented and narrated by Travel Expert Nino Mohan**

In Papua New Guinea discover the unique experiences – including diverse cultures, stunning countryside, vivid festivals, delectable dishes, plantation tours, incredible bird life and hidden secrets found far off the beaten track. Travel to Malaysia, see its vibrant capital Kuala Lumpur, walk in one of the largest caves in the world– the Batu Caves. See the Cameroon highlands and Borneo part of Malaysia to visit long house minorities, the Orangutan sanctuary and the richest nation in the world– Brunei. Indonesia is perhaps bigger in size than United States with its thousands of islands scattered in the ocean. Visit the worlds largest Buddhist temple of Borobudur. Visit Bali, an Indonesian island known for its forested volcanic mountains, iconic rice paddies, lovely beaches and coral reefs.



FOR ONLINE VIEWING DIRECTIONS,  
VISIT OUR WEBSITE,

[WWW.NEWPORTBEACHCA.GOV/OASIS](http://WWW.NEWPORTBEACHCA.GOV/OASIS)



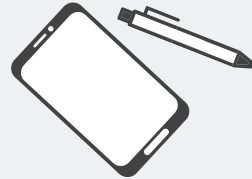
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with Carole Kamper



Private instruction designed to zero in on your computer/iPad/iPhone questions. Using the online platform Zoom, you and the instructor will have an opportunity to focus on the skills you want to improve.

- \$53 per 40 minute session. No refunds issued after registration.
- Dates and time will be agreed upon by instructor and student prior to registration.
- Contact the instructor directly to set up a mutually convenient time.
- Carole Kamper, cckamper@cox.net, (949) 230-5902
- Registration code is ORCS01



REGISTER  
ONLINE NOW!

Register online at  
**[NEWPORTBEACHCA.GOV/REGISTER](http://NEWPORTBEACHCA.GOV/REGISTER)**

OASIS Senior Center  
949-644-3244 | [oisiscen@newportbeachca.gov](mailto:oisiscen@newportbeachca.gov)



## REGISTER YOUR BIKE ONLINE

NEWPORT BEACH POLICE DEPARTMENT HAS  
PARTNERED WITH PROJECT 529 AN ONLINE  
BICYCLE REGISTRY. IF YOUR BIKE GETS STOLEN,  
YOUR SERIAL NUMBER AND A DETAILED  
DESCRIPTION WILL BE AVAILABLE TO HELP OUR  
OFFICERS GET IT BACK!

[www.project529.com/newportbeach](http://www.project529.com/newportbeach)

- TAKES FIVE MINUTES TO REGISTER AND IT'S FREE
- YOU CAN UPLOAD PHOTOS AND PERSONAL INFORMATION (ENCOURAGED)
- ONLY SUBSCRIBED LAW ENFORCEMENT (AND THE REGISTRANT) CAN VIEW THE PERSONAL INFO AND PHOTOS UPLOADED BY THE OWNER
- YOU CAN MARK YOUR BICYCLE AS STOLEN IN PROJECT 529, ALLOWING ANY LAW ENFORCEMENT AGENCY USING PROJECT 529 TO KNOW THE BIKE IS STOLEN AND RETURN IT (USING UPLOADED INFO)
- IT IS EASY TO REMOVE ONLINE IF YOU SELL THE BIKE



NEWPORT BEACH  
POLICE DEPARTMENT





## LEGAL ASSISTANCE

Call for an appointment: 949-644-3244

Lawyers for June: Regina Campbell and Timothy Pickart

The lawyers donate their time and offer a free half-hour consultation.

## HICAP: HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM

HICAP counselors assist you with information regarding health insurance, Medicare, Part D Drug Plan, Medi-Cal, HMOs, supplemental and long term care insurance. Available twice monthly.

Call for an appointment: 949-644-3244

- Tuesday, June 2, 12:30-4:00pm
- Tuesday, June 16, 12:30-4:00pm

## ADDITIONAL SOCIAL SERVICE RESOURCES

### Information & Referral

Referrals to a vast assortment of information regarding senior services such as home health care, housing options, adult day care, assisted living and retirement facilities, legal assistance, Medicare assistance, support groups, ombudsman services and more. If we don't know, we will find out.

### Medical Equipment to Loan

Wheelchairs and walkers are available in the Administration Office.

### Telephone Reassurance

Daily telephone call for seniors who live alone and have limited contact with friends or relatives.

## MEAL PROGRAM

### OASIS Lunch Program provided by Age Well Senior Services

Hot and cold lunches are served in the OASIS Evelyn Hart Event Center. Please call three days in advance to order your lunch. Call the Meals Office at 949-718-1820. Hot lunch menu is listed on page 41.

Lunch Service: Monday through Friday, 12:00-12:30pm

**\$5.50 suggested donation - 60 or younger \$7.50**

### Home delivered meals provided by Age Well Senior Services

Meals are available for homebound seniors; call for an assessment. Deliveries are also available for post-surgery or short time periods when one is incapacitated. Call the Meals Office at 949-718-1811.

## TRANSPORTATION

*The OASIS Senior Center provides curb-to-curb transportation through its Care-A-Van and Shuttle Programs.*

**Care-A-Van:** Provides transportation to medical appointments, grocery shopping and other essential errands within City limits. Cost is \$3.00 each way.

**Shuttle:** Provides transportation to classes and activities held at OASIS. Cost is \$1.50 each way.

**Payment:** Riders must purchase a Ride Card to use for payment, sold in denominations of \$12, \$30 and \$60. Cards may be purchased in the Administration office or from a driver.

### Eligibility:

- Must be age 60+
- Live in a private residence
- Must reside within Newport Beach, Corona del Mar or Newport Coast
- No longer be driving

### Service is available

Monday-Thursday, 7:30am - 5:00pm

Fridays, 8:00am - 5:00pm

It is recommended that reservations be made at least three business days in advance and can be made up to three weeks in advance.

Call OASIS to register (949) 644-3244.

**OASIS is closed until further notice. Our website has the most up-to-date information on a reopen date, along with many resources to help you through: [www.newportbeachca.gov/oasis](http://www.newportbeachca.gov/oasis). We are also available to assist you over the phone Monday-Friday 8am-5pm, 949-644-3244.**





5000 Birch Street, Suite 405  
Newport Beach, CA, 92660  
Phone: (949) 955-0170  
Fax: (949) 955-0180  
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Doctor of Audiology

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MEMBERSHIP DUES / RENEWALS**

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Information**

\*\*NAME \_\_\_\_\_ DATE \_\_\_\_\_  
*Print Clearly*

\*\*ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

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The OASIS Fitness Center strives to provide a safe, comfortable, senior-friendly exercise environment for the active older adult, providing our members the opportunity to incorporate an exercise routine into their life which nourishes their mind, body and spirit.

### FITNESS CENTER MEMBERSHIP

- Age requirement is 50 years and older
- Newport Beach resident fee is \$125 a year
- Non-Newport Beach resident fee is \$175 a year
- No guest passes are available
- Registration is required prior to use of the Fitness Center
- Appropriate clothing and athletic shoes required
- No food or drinks other than bottled water are permitted
- Members must provide their own towels

### HOURS OF OPERATION

#### MONDAY-THURSDAY

7:00 am – 8:00 pm

#### FRIDAY

7:00 am – 5:00 pm

#### SATURDAY & SUNDAY

8:00 am – 4:00 pm

#### UPCOMING CLOSURES

5/25

## OASIS PERSONAL TRAINERS

\$40 30 MINUTE ON-GOING TRAINING

\$70 1 HOUR ON-GOING TRAINING

\$80 1 HOUR ONE-TIME SESSION

*\*Personal training can be purchased with debit/credit card only.*



### To Our Members:

First, we would like to start off by letting you know the staff at OASIS miss all of you. We look forward to the day when we can see and chat again. The OASIS Fitness Center is a special place where you get to take a break and give yourself the time you deserve to stay healthy. We recognize what the center means to all of you because it also means so much to us.

We are working hard behind the scenes to ensure the safety of all members and staff. Keeping this in mind we are adjusting our current processes that will help guide us in safely reopening the Fitness Center. As we receive direction from state and local government, we will continue to update you. Gathering accurate information and knowing the appropriate actions to take can be challenging, we ask for your continued patience and support during this time.

**Membership Information:**  
All Fitness Center Memberships, which held current status as of March 13, 2020, and those which have expired during the COVID-19 closure, will be reinstated and extended for the period of time the OASIS Fitness Center is closed.

We hope you enjoy the beautiful weather by doing something active outside daily.

Stay Active and Stay Healthy,  
Melissa Gleason, Health and Wellness Supervisor  
& Jena Delgado-Sette, Fitness Center Coordinator





## OASIS NEWSLETTER - COVID 19 EDITION

JULY | 2020

(949) 644-3244



[WWW.NEWPORTBEACHCA.GOV/OASIS](http://WWW.NEWPORTBEACHCA.GOV/OASIS)



Dear OASIS Members:

*Celeste*

### FACILITY INFORMATION

- OASIS remains closed until further notice. Continue to visit our website for the most up-to-date information: [www.newportbeachca.gov/oasis](http://www.newportbeachca.gov/oasis)
- OASIS staff and Friends of OASIS staff are available to help you over the phone with assistance for virtual classes, HICAP, legal help, social services, medical equipment loans, Sharps containers, Meals on Wheels, etc. Call us M-F from 8am-5pm: OASIS Admin at 949-644-3244  
Friends of OASIS at 949-718-1800
- We continue to offer new virtual classes and have added virtual special events. Visit our website, then click on the Online Virtual Class Info button which will bring you to our Classes page. Click on each class to view the flyer and to register online.
- Stay up-to-date on the City's response to the Covid19 outbreak by visiting the City's website: [newportbeachca.gov/covid19](http://newportbeachca.gov/covid19)

### CLASS INFORMATION

- We continue to work on our fall class schedule, and the best way to get the most up-to-date class listing is by visiting our website.
- Class sizes will be limited, and programs will be phased in based on risk level. Some classes and activities will not be available due to not meeting CDC guidelines.
- **Fall Registration will likely take place at the end of August.** - We encourage you to familiarize yourself with online registration. Staff is available by phone to help you learn the online registration system, setting up an account and troubleshooting: 949-644-3244.
- We have also created helpful how-to videos on our website as well as posted a Pdf instruction sheet with photos to help guide you in the online registration process.



CITY OF NEWPORT BEACH RECREATION & SENIOR SERVICES DEPARTMENT

## OASIS SENIOR CENTER

OASISCenter@newportbeachca.gov | (949) 644-3244  
801 Narcissus Avenue, Corona Del Mar, CA 92625

