

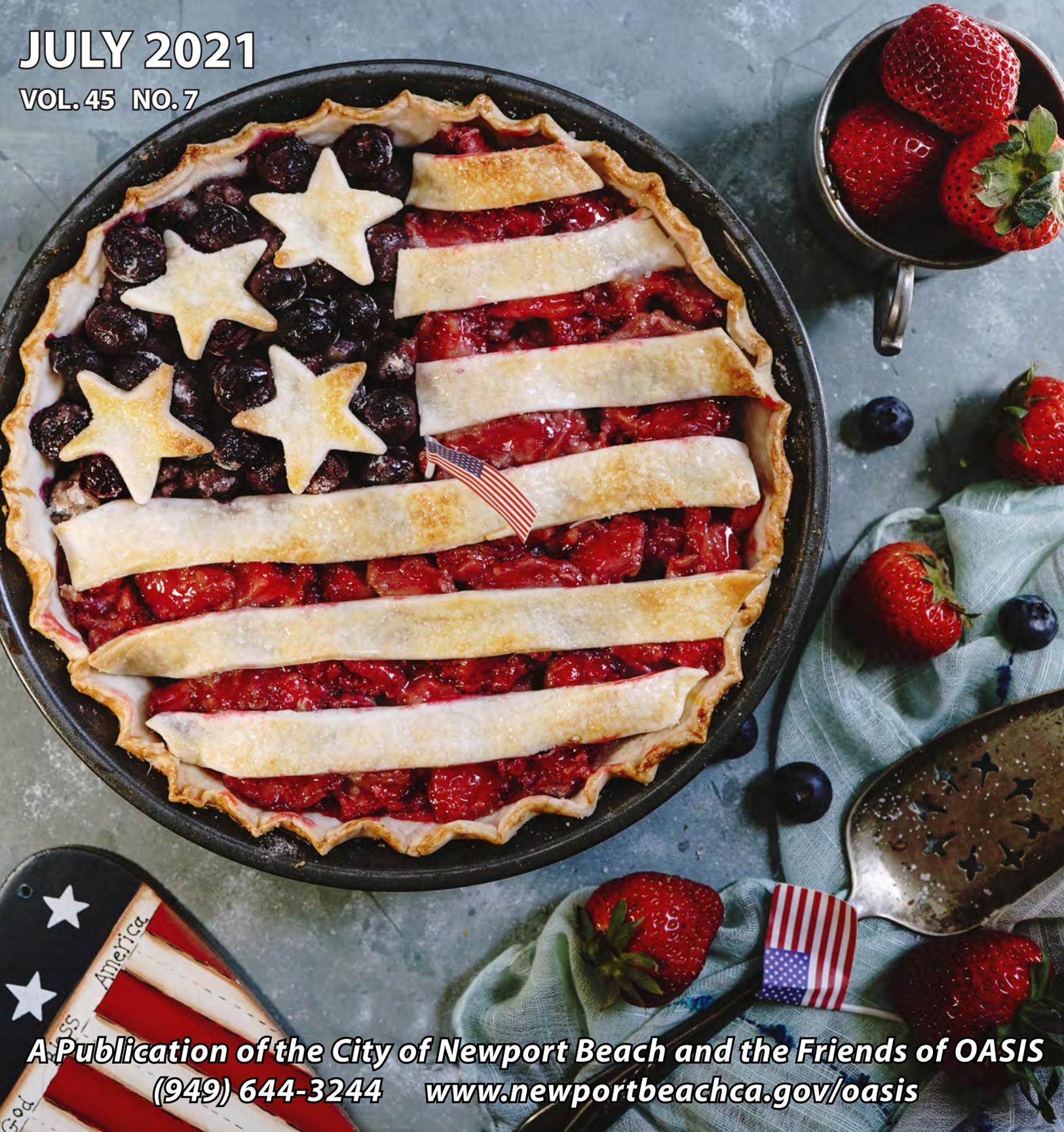
OASIS news

Older
Adult
Social &
Information
Services

The official guide to the programs and services offered at the OASIS Senior Center

JULY 2021

VOL. 45 NO. 7



A Publication of the City of Newport Beach and the Friends of OASIS
(949) 644-3244 www.newportbeachca.gov/oasis



OASIS SENIOR CENTER

CITY OF NEWPORT BEACH RECREATION & SENIOR SERVICES DEPARTMENT

OASISCenter@newportbeachca.gov | (949) 644-3244

801 Narcissus Avenue, Corona Del Mar, CA 92625

OASIS SENIOR CENTER

801 Narcissus Avenue, Corona del Mar, CA 92625-1501
newportbeachca.gov/oasis

Administration: 949-644-3244
Age Well Meals: 949-718-1820
Fitness Center: 949-718-1822
Friends of OASIS: 949-718-1800

HOURS:

City Administration	Fitness Center
M-Th 7:30am-5:30pm	M-Th 7am-7pm
Fr 7:30am-4:30pm	Fr 7am-5pm
Sa-Su Closed	Sa-Su 7am-2pm

Friends of OASIS Admin
M-F 7:30am-4:30pm

Center is closed on all City-observed holidays.

STAFF DIRECTORY

CITY OF NEWPORT BEACH STAFF:

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Transportation Coordinator:	Elizabeth Arciniaga
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Office Assistant:	Carrie Calderone
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Berenice Barajas
Andrea Collins
Jessica Olson

AGE WELL MEALS STAFF:

NEWPORT BEACH CITY COUNCIL

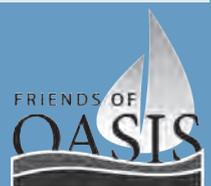
Mayor	Brad Avery
Mayor Pro Tem	Kevin Muldoon
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Council Member	Joy Brenner
Council Member	Diane B. Dixon
Council Member	Duffy Duffield
Council Member	Will O'Neill

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Welcome to OASIS

We are certainly making great progress in “getting back to normal.” More and more classes are open here at OASIS and if you want to know if your class is back in session, call in and find out! The “Greeters” led by Jean Naughton are back, as well as the Gift Shop is again open. The Travel Department is set to open soon, and again planning future trips for our members. There is a plan to hold a Pancake Breakfast, as well as the return of our “OASIS Cars and Coffee Car Show” scheduled for the 19th of September, from 8 to 10:30 AM. Call Berenice in the Friends office to register your vehicle, as slots are already filling up fast. We are losing one of our “family” and it breaks my heart to say goodbye to Josie Tran, our Department Assistant. She is smart, witty, and totally dedicated to OASIS. She is retiring so she can spend more time with her husband, and that part makes me smile. Happy trails Josie! Melissa Gleason is on the hunt to find her replacement, which will be a monumental task!

For those of you that read Stu News, our Board of Directors voted to feature a Friends of OASIS weekly ad. We will be able to advertise such things as, our membership drive, our OASIS sailing club, our Friends upcoming events, our Friends Gerontology Award/Scholarship, and more. Look for our ad as it will change monthly. This will be a great way to reach thousands of locals that need information on what the Friends are doing in the community, and increase our membership. We also decided to upgrade our monthly newsletter with better quality paper, and as of September, the entire newsletter will be “all in color.” Although this was a modest increase in costs, it is our only real marketing tool, to hand out to prospective members. We have a premier Senior Center, and now will have a “premier looking” newsletter. Looking forward to seeing all of you back on campus!



Mike Zimmerman
Friends of OASIS President

Annual Fund Drive

A new fiscal year is upon us, and once again we must ask for your support for our “2021 Friends of OASIS Fund Drive”. In short, we really need your help to rebuild our finances after a very tough and challenging year of Covid, during which we were unable to hold any of our Friend’s events, including our Annual Rummage Sale. Our Gift Shop and Travel Department were closed, both of which are also important sources of revenue. During the past year, we carried on however, putting finishing touches on a funding plan for a scholarship/awards program that we began working on shortly prior to Covid surfacing. We became aware that there are far too few students entering the study of Gerontology—less than 5% of needed levels to help local seniors in the future. We want to help students with some of their expenses in pursuing this field, so that hopefully there are an adequate number of senior services specialists in our community, to assist our aging senior population.

A couple of months ago, we began the process of planning our fiscal 21/22 operating budget, and became aware that our computer system was woefully outdated and inadequate, so we hired a local IT company to build an updated system for us with the latest security safeguards. In addition, we continued to give generously to Age Well Services to provide Meals on Wheels for our local seniors and shut ins, and we continued to contribute to support our OASIS vans and the personnel who drive them. With your generous donations, we will be in a position to truly help in reopening the OASIS Senior Center. We kick off our annual fund drive on July 1st, and end it on December 31st. There is an envelope in this Newsletter for your offering, and we hope that you give from your heart to support your Senior Center. Thank you for your generous support.

Mike Zimmerman
President

John Carroll
Treasurer

Alex Thomsen
VP Development

LET'S GO TRIPPIN'

VIRTUAL TRAVEL PRESENTATIONS

Presented and narrated by Nino Mohan, Travel Expert



View our website for the full schedule.

Join us online for virtual travel shows presented and narrated by Nino Mohan, local Travel Expert. Locations are either live or prerecorded slideshows including photos, videos and personal narration by Nino himself. For a schedule of the upcoming shows, please visit our website. The slide shows are free.



FOR ONLINE VIEWING DIRECTIONS,
VISIT OUR WEBSITE,
WWW.NEWPORTBEACHCA.GOV/OASIS



Longevity

Living to 101 and beyond

Tuesday, July 20, 2021
1:00 pm

IN PERSON!

Room 1

RSVP Required: (949) 644-3244



Dr. Dung Trinh is the Chief Medical Officer of Irvine Clinical Research, Board Member for Alzheimer's Orange County, and a physician with Memorial Care.



OASIS SCAM ALERT



TEXT MESSAGE SCAM

How it works:

1. Cyber-criminals text a message claiming you have a delivery that needs payment
2. If you tap on the link, you are taken to a page that asks you to update your search engine app
3. If you tap the *Install Now* button, a malware download begins and you are redirected to a payment screen
4. On this screen, you are asked to pay a fee to deliver your package
5. If you provide any payment information, it is sent directly to the cyber-criminals

Stay safe tips:

- Only download and update apps through your device's official app store
- Be suspicious of unexpected text messages
- If you are expecting a package, stay up-to-date on your order by visiting the retailer's official website and not by tapping a link in a text message

If you've been a victim of a scam you are not alone,
please call OASIS at (949) 644-3244 for assistance.

IT'S MOVIE TIME!



Wednesday, August 25th
Movie Starts at 1 PM
OASIS Event Center

FIRST COME FIRST SERVED



Synopsis: After the tragic death of star volleyball player Caroline "Line" Found, a team of dispirited high school girls must band together under the guidance of their tough-love coach in hopes of winning the state championship.

Starring: Helen Hunt, Erin Moriarty, William Hunt

Running Time: 101 minutes

PROTECT YOURSELF FROM MOSQUITOES

The Orange County Mosquito and Vector Control District (OCMVCD) is committed to protecting public health and will continue to conduct essential services to minimize future mosquito threats. *Please be advised that the District has postponed all in-person consultations and property inspection appointments until further notice.*

PROTECT



Beyond the nuisance factor, mosquitoes can transmit disease. The District offers helpful resources for residents to perform inspections of their own property during the COVID-19 pandemic. Residents can still utilize our website to submit a tip regarding a large mosquito breeding source.

PREVENT



Apply mosquito repellent to exposed skin before going outdoors. Wear repellent containing DEET®, Picaridin, IR3535, or oil of lemon eucalyptus.



Close all unscreened doors and windows to prevent mosquitoes from entering your home or space; repair broken or damaged screens.

PARTICIPATE



The District's website has information to keep you updated and protected. From a breeding source checklist to information about vectors in your area, we have you covered!

PREPARE

TIP, TOSS, TAKE ACTION

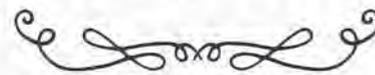


We need your help! Mosquito control is a share responsibility. While at home you can use our DIY videos to search for sources where mosquitoes can breed. Take action against mosquitoes!

FOR THE MOST CURRENT PUBLIC HEALTH NOTICES AND ADVISORIES PLEASE VISIT WWW.OCVECTOR.ORG



GETTING BACK IN THE GROOVE



In-Person Connection Group

Facilitated by Joyce Swaving, Shanti OC

Topics

Finding companionship
Getting back out in the world
Reconnecting: Post-vaccinations

THURSDAYS at 2:00 PM

OASIS Room 5

No RSVP necessary

Please call (949) 644-3244 with any questions



Shanti

MIND BOOSTER SERIES

THURSDAYS FOR 5 WEEKS

VIA ZOOM

JUNE 17 - JULY 15

10 AM - 12 PM

- Are you concerned about memory loss?
- Do you want to keep your brain sharp as you age?
- Mind Booster was made for you!

For the Zoom link or for more information, email Judy Osuna at josuna@afscenter.org or call (714) 840-3296



LEGAL ASSISTANCE

Call for an appointment: 949-644-3244
Elderlaw attorneys donate their time and offer a free half-hour consultation.

HICAP: HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM

HICAP counselors assist you with information regarding health insurance, Medicare, Part D Drug Plan, Medi-Cal, HMOs, supplemental and long term care insurance on 7/6 or 7/20.
Call for an appointment: 949-644-3244

ADDITIONAL SOCIAL SERVICE RESOURCES

Information & Referral

Referrals to a vast assortment of information regarding senior services such as home health care, housing options, adult day care, assisted living and retirement facilities, legal assistance, Medicare assistance, support groups, ombudsman services and more. If we don't know, we will find out.

Telephone Reassurance

Daily telephone call for seniors who live alone and have limited contact with friends or relatives.

Compassionate Friends

Providing friendship, understanding and hope, the Compassionate Friends supports every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

3rd Wednesday Each Month

In-Person

6:30 pm, Room 5

No RSVP necessary
Please call (949) 644-3244 with any questions



The Good Grief Café

An informal grief group facilitated by CareCHOICES Chaplain Chip Fisher. Join us for conversation and an opportunity to talk about your loss with others on the same journey.

Every 2nd & 4th Thursday

3:00 - 4:30 pm

In-Person

OASIS Room 5

No RSVP needed

Questions: (949) 644-3244



IN-PERSON AND VIRTUAL MEETINGS

ALZHEIMER'S SUPPORT GROUP

For family members and caregivers

THE 2ND WEDNESDAY OF THE MONTH - VIRTUAL @ 1:00 PM
CALL 844-373-4400 FOR INFO

THE 4TH WEDNESDAY OF THE MONTH - IN PERSON @ 10:00 AM
NO RSVP REQUIRED

Share support and receive valuable information and resources from people who understand



MEDICAL EQUIPMENT LOANS



OASIS is happy to offer medical equipment loans up to one month on the following items:

- **Wheelchairs: Self-propelled & Transport**
- **Walkers: Basic & Seated**
- **Knee Scooters**
- **Canes**
- **Crutches**

Equipment availability is subject to change.

Call (949) 644-3244 for additional information.



NEWPORT BEACH FILM FEST

October 21 – October 28, 2021

VOLUNTEER!

Volunteer Reviewer applications are now being accepted for the 2021 Newport Beach Film Festival. Being a volunteer Reviewer is important to the overall movie selection process, and as such we are thankful for your time and effort!

As a volunteer Reviewer you are able to review films remotely. We're also rolling out a new platform, Eventival, which will enhance the process along with options for watching movies from different devices. We also provide Eventival virtual orientations on request.

Just go to www.NewportBeachFilmFest.com, select the tab "Participate" at top of the home page, then "Volunteer" on the dropdown list where you'll find the link to the Reviewer Application. Contact Dorothy Kraus, Reviewer Coordinator, at Dorothy.Kraus@NewportBeachFilmFest.com to answer any questions you may have.



OASIS SENIOR CENTER

TRANSPORTATION SERVICE

The OASIS Senior Center provides curb-to-curb transportation

ABOUT THE SERVICE:

Transportation is provided to classes and activities at the senior center, medical appointments, grocery shopping and other essential errands within city limits.

ELIGIBILITY:

- Must be 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast
- No longer driving
- Restrictions apply*

Service hours: Monday - Friday, 8:00am - 4:30pm

Pricing: \$1.50 to the senior center (each way), \$3.00 for other locations (each way)

*For more information, call 949-644-3244



Same Day Rides!



Last minute request?
Call between 8am & 9am
for a same day ride.

Available Tuesday and Thursday only

*Must be pre-registered



949-644-3244



SENIOR CUISINE DELIVERED

AFFORDABLE RESTAURANT MEALS FOR SENIORS, 50+, & DEPENDENTS PRICED AT JUST \$9.95 PER MEAL

Delicious Lunches & Dinners by: Asian Kitchen, Bagels & Brew, Blue Stone Kitchen, Famous Dave's, Greenlife Fit Foods, Jolanda's, Luscious Jimmy's, Metate Azul, Panera, PokeWorks, Taste Catering, Yeshiva Pirchei Shoshanim, Zest in a Bowl!

Sign Up Today & Get \$20 Off!

Apply code 20OFF to checkout

www.myagewell.org



AGE WELL SENIOR SERVICES MEAL PROGRAM

MEALS ON WHEELS

MEALS ON WHEELS (M-F Delivery)

Three (3) nutritious meals are delivered M-F to home-bound seniors (60 or older) who qualify for the program. Volunteers take time from their days and use their own vehicles to lovingly ensure that no senior is without a meal. If you have questions about the program, how it works or if you or a loved one qualifies, please contact 949-718-1811.



To find out more information about this program please call:
Meals on Wheels 949-718-1811



SHARP

Senior Home Assistance Repair Program

**Accessibility, Safety,
Health & Well-Being,
Code Violation**

APPLICATION PROCESS:

- Pre-application
- Full application & income verification
- In-person interview
- Home Inspection

ELIGIBILITY*:

- Newport Beach homeowner living in the home that is in need of repair
- Age 60 and older
- Income restricted
- Home repair is of a critical nature

*For a full list of eligibility requirements, please contact OASIS staff or visit newportbeachca.gov/oasis

The Newport Beach Senior Home Assistance Repair Program (SHARP) aims to help income-qualified seniors in need of critical home repair or modifications due to accessibility needs, safety concerns, health and well-being, or a citation by Code Enforcement. The program forms a unique partnership between the OASIS Senior Center, owned and operated by the City of Newport Beach and Habitat for Humanity of Orange County.

For more information, call 949-644-3244 or visit newportbeachca.gov/oasis.



Mission Statement

The Friends of OASIS, Inc. is a non-profit California corporation dedicated to supporting the senior community. The focus of this organization is to provide financial and volunteer support to the OASIS Senior Center. Its goal is to assist in giving seniors the opportunity to live healthy, active and productive lives.



DEAR OASIS TRAVELER,

Are you ready to take a day trip with us? Have you had your vaccination and want to go someplace for the day? If so, please let us know where you would like to go, especially since it has been quite some time since we have taken any trips.

For your information, if you are interested in longer trips, Good Times Travel and AFC Vacations are now advertising their upcoming trips.

We look forward to planning trips for you and travelling with you again in the future. Dates are to be determined.

OASIS TRAVEL CONTACT INFORMATION:

Email: Travel2@yahoo.com

Phone: OASIS Travel Office -
949-718-1810

AFC Vacations –
858-481-8188

Good,Times Travel –
714-841-1255



OASIS MEMBER DISCOUNTS

Show your OASIS membership card at the following locations to receive a discount



CANALETTO
Restaurant Venice

10% discount - excludes alcohol



20% discount on Lunch Only - excludes alcohol



10% discount - excludes alcohol



10% discount - excludes alcohol



10% discount - excludes alcohol



10% discount - excludes alcohol



10% discount



10% off orders (excludes alcohol) from their Newport Beach, Irvine Harvard Place, and Newport Mesa locations.

10% discount. (Drinks, happy hour menu, small plates, private events, holidays or other special offers are not eligible for the discount.)



Bistango is at 19100 Von Karman Ave #100,
Irvine, CA. 92612



Bayside Restaurant is at 900 Bayside Drive.,
Newport Beach, CA 92660.

CLASS REFUND POLICY

- Refunds must be requested prior to the second class meeting.
- One and two-day classes require 5 business days notice.
- A refund fee will be assessed for all refunds (\$10 for classes priced \$74 and under, \$20 for classes priced \$75 and above)
- Check/cash refunds processed within 3-4 weeks by mailed check.
- Credit card refunds processed within 3-5 days returned to the card used for original purchase.
- Policy also noted on registration form.

OASIS PARTICIPANT CODE OF CONDUCT

The code of conduct encourages kind and courteous behavior for all participants. You can find it displayed around the facility as well as printed on the registration form and pink attendance sheets. We strive to make OASIS a kind and welcoming place for all, and by abiding by these guidelines we can continue to make OASIS great.

CODE OF CONDUCT

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department.

The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.

Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe.

ENRICHMENT

CURRENT EVENTS DISCUSSION

Dave Larue dkla2018@outlook.com
 Join this group to openly discuss current events in a friendly setting. Topics will include news, magazines and movies. Participants are asked to bring an article to share with the group. From time to time, a speaker may present a special topic.

OASIS LIBRARY

RSVP not required Ongoing M 4-6pm Free

WRITING YOUR LIFE STORIES 1

Berteil Mahoney 949-496-7289
 Have you ever wanted to write about your life, but wondered how to get started, how to keep going and whether it's even worth it in the first place? Designed as an introduction, you will learn how to turn the crazy, sad and wonderful stuff of your life into stories that have order, clarity and meaning. With opportunities for giving and receiving feedback, you will learn how to prepare your stories for the benefit of future generations, possibly your greatest legacy. No writing experience necessary.

- Additional fee: \$20 (material)

OASIS ROOM 5

SS4001 9/28-11/16 Tu 10am-Noon \$150

WRITING YOUR LIFE STORIES 2

Berteil Mahoney 949-496-7289
 Participants will continue to write their life stories while exploring their own personal writing styles.

- Prerequisite: Writing Your Life Stories 1

OASIS ROOM 5

SS4002 9/28-11/16 Tu 12:30-2:30pm \$150

FINE ARTS

CERAMICS- FOR CONTINUING STUDENTS

Karen Thayer karenthayer@yahoo.com
 This class is for participants who have previously enrolled in Ceramics within the last year. Returning and advanced students will refine their skills with the endless possibilities that this simple material offers. Note: All clay, glazes and tools must be provided by students. No shared tools or materials. Strict social distancing guidelines allow for a limited number of students in this class, maximum of 15.

SS3001 6/16-8/11 W 9am-Noon \$140



CERAMICS

Karen Thayer karenthayer@yahoo.com
 Learn how to create ceramic objects using hand-building techniques and the potter's wheel. Beginning students will learn the basics of slabbing, coiling, pinching and glazing. Returning and advanced students will refine their skills with the endless possibilities that this simple material offers. If you already have your own tools, please bring them. No tools are required at the first class. Tool requirements will be discussed at first meeting. Basic glazes and clay will be covered by the material fee. No class 10/20

- Additional fee: \$20 (material)

OASIS ART CENTER

SS4039 9/8-12/1 W 9am-Noon \$204

FREEHAND DRAWING- BEG/ADV

Nancy Wahamaki Vasek nwwasek@gmail.com
 Join Nancy in this fun drawing class; she will lead you every step of the way! Beginner to advanced, working in graphite pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings. <https://www.linkedin.com/in/nancygandolfwahamaki>

- A material list will print out on registration receipt. Please bring supplies to first class.
- Additional fee: \$20 (material)

OASIS ROOM 2A

SS4005 10/13-12/1 W 9-11am \$192

INSTRUCTOR ASSISTED WORKSHOP- BEG/ADV

Nancy Wahamaki Vasek nwwasek@gmail.com
 This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). Nancy, a professional artist and teacher, will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project. <https://www.linkedin.com/in/nancygandolfwahamaki>

- Please bring a project you are currently working on and any supplies you may need.

OASIS ART CENTER

SS4003 10/18-11/29 M 9am-Noon \$161

Online registration for Fall classes begins Thursday, July 29 at 8am.

OIL PAINTING WITH JIM

Jim Ellsberry jim@jimEllsberry.com, 310-218-2658
Fundamentals to advanced concepts of color theory, design and painting technique. The focus is on landscape oil, but all subject matter and all media are welcome. Students choose to work on their own projects or instructor-supplied assignments. **No class 7/5.**

- Additional fee: \$15 (material)

OASIS ART ROOM

SS3110	6/14-7/12	M	1-3:30pm	\$155
SS3111	7/19-8/9	M	1-3:30pm	\$155
SS4043	11/1-11/29	M	1-3:30pm	\$165

OPEN ART WORKSHOP

This is the perfect time to catch up on class projects and is open to students of any medium, both current and those who have taken a recent art class at OASIS. Participants are required to bring in their own materials and maintain the cleanliness of the room and equipment used.

OASIS ART ROOM

RSVP not required Ongoing F 9am-4pm Free

WATERCOLOR-BEGINNING

Chris Sullivan chrissullivanart@gmail.com
In this class, you will learn how to use the basic techniques and methods for painting in transparent watercolor. In order to be able to handle the paint effectively, it is highly important to have a strong understanding in these fundamental techniques. You will also put these techniques to use in simple painting projects. Demonstrations, individual assistance, and group critiques are included.

- Material list will print on receipt.
- Recommended: basic drawing skills

OASIS ART ROOM OR ROOM 5

SS3006	7/7-8/11	W	9am-Noon	\$146
SS4040	10/12-11/16	Tu	9am-Noon	\$146

WATERCOLOR-INTERMEDIATE

Chris Sullivan chrissullivanart@gmail.com
This fun and comprehensive class concentrates on developing traditional and experimental skills and techniques in transparent watercolor painting as well as designing more interesting and effective compositions. Landscapes, seascapes, people, still life and other subjects may be explored using photographs or studio setups. Demonstrations, individual assistance and group critiques are included. A materials list will print on receipt.

- Prerequisite: Good control and understanding of basic watercolor techniques.

OASIS ROOM 4

SS4041	10/13-11/17	W	9am-Noon	\$146
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WATERCOLOR-ADVANCED

Chris Sullivan chrissullivanart@gmail.com
Learn to paint more expressive watercolors! In this fun and exciting advanced level watercolor painting class, you will explore various design concepts, experimental and traditional watercolor techniques, and use of other media to develop emotional content in your paintings. Creative and expressive interpretation of your subject matter will be the focus. Demonstrations, individual assistance and group critiques are included. A materials list will print on receipt.

- Prerequisite: Good control and understanding of basic watercolor techniques.

OASIS ROOM 4

SS4042	10/13-11/17	W	1-4pm	\$146
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WATERCOLOR AND MIXED MEDIA

Chris Sullivan chrissullivanart@gmail.com
This exciting and stimulating experimental watercolor and mixed media class will introduce you to new and creative approaches to painting. You will learn how to successfully combine a variety of materials with transparent watercolor and turn them into expressive works of art. Open to all watercolor painting levels. Beginners must have good watercolor painting skills. Demonstrations, individual assistance, and group critiques are included.

- Material list will print on receipt.
- Recommended: Must have good control of watercolor painting techniques.

OASIS ART ROOM

SS3008	7/7-8/11	W	1-4pm	\$146
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FOREIGN LANGUAGE

ADV. STUDIES IN FRENCH LITERATURE

Darielle Wilson 949-675-5182
Class is conducted exclusively in French. Literature will include classic and modern works of fiction. Classroom activities will center on spontaneous classroom and small-group discussions, reading aloud, dictations and grammar review as needed. Please contact instructor if you are interested in specific selections of literature.

OASIS ROOM 2B

SS4007	8/18-12/1	W	10am-Noon	\$90
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ADVANCED FRENCH READING & DISCUSSION

Darielle Wilson 949-675-5182
Conducted exclusively in French, discussion will be on a variety of topics presented by the students. Further discussion will follow the reading of a variety of literature pieces by French authors TBA. Please contact instructor if you are interested in specific selections of literature. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving his or her fluency in French.

OASIS ROOM 2B

SS4008	8/19-12/2	Th	10am-Noon	\$85
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Online registration for Fall classes begins Thursday, July 29 at 8am.

PORTAL LANGUAGES

Portal Languages 714-979-1655
 Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation. **No class 9/6**

- A material fee may be assessed. Contact instructor for cost and how to acquire materials prior to class start date.

OASIS ROOM 1A

Beginning French 1

SS3041	7/19-8/11	5-6pm	M/W	\$185
SS4047	8/16-9/13	5-6pm	M/W	\$185
SS4048	9/20-10/13	5-6pm	M/W	\$185
SS4049	10/25-11/17	5-6pm	M/W	\$185

Beginning French 2

SS3043	7/19-8/11	6-7pm	M/W	\$185
SS4050	8/16-9/13	6-7pm	M/W	\$185
SS4051	9/20-10/13	6-7pm	M/W	\$185
SS4052	10/25-11/17	6-7pm	M/W	\$185

OASIS ROOM 1B

Beginning Italian 1

SS3045	7/19-8/11	5:15-6:15pm	M/W	\$185
SS4053	8/16-9/13	5:15-6:15pm	M/W	\$185
SS4054	9/20-10/13	5:15-6:15pm	M/W	\$185
SS4055	10/25-11/17	5:15-6:15pm	M/W	\$185

Beginning Italian 2

SS3049	7/19-8/11	6:15-7:15pm	M/W	\$185
SS4056	8/16-9/13	6:15-7:15pm	M/W	\$185
SS4057	9/20-10/13	6:15-7:15pm	M/W	\$185
SS4058	10/25-11/17	6:15-7:15pm	M/W	\$185

OASIS ROOM 2A

Beginning Spanish 1

SS3047	6/14-7/12	4-5pm	M/W	\$185
SS3048	7/19-8/11	4-5pm	M/W	\$185
SS4044	8/16-9/13	4-5pm	M/W	\$185
SS4045	9/20-10/13	4-5pm	M/W	\$185
SS4046	10/25-11/17	4-5pm	M/W	\$185



FRENCH-INTERMEDIATE

Leo Vortouni leosailor21@gmail.com, 949-607-9104
 Group continues to meet online. Emphasis on French conversation, composing current day topics in French and reading them to the class. Group meets on Zoom. For info on how to join, please contact Leo Vortouni at 949-607-9104.

GERMAN-ADVANCED

Robert H. Friis, PhD r-c-friis@cox.net
 Group continues to meet online. Emphasis is on grammar, conversation and translation for the advanced student. Exercises are provided to participants. To RSVP or find out more information about joining this group, please email Dr. Friis at r-c-friis@cox.net.

TECHNOLOGY

PRIVATE TECHNOLOGY LESSONS

Carole Kamper 949-230-5902
 Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad.

- Dates and times to be agreed upon by instructor and student prior to registration.
- Registration and payment due to OASIS 5 business days prior to lesson. No refunds once registered.
- Contact the instructor directly to set up a time prior to instruction.

DRP300 \$60 per hour

COMPUTER BASICS

Carole Kamper 949-230-5902
 Were you wishing you had better computer skills this past year at home? This is an introductory class to get you starting in using a computer. It will be a "hands-on" experience with emphasis on how to use a mouse being comfortable with the keyboard, as well as some basic internet searches. We will learn the "anatomy" of a "window" by exploring the WordPad and Paint programs. You do not need to own a computer to take the class. The class will be taught using "Windows 10" and is not designed for user of Apple/Mac computers, although most concepts apply to both platforms.

OASIS COMPUTER LAB

SS3027 M 7/26-8/9 10am-Noon \$45

Online registration for Fall classes begins Thursday, July 29 at 8am.

INTERMEDIATE COMPUTER SKILLS

Carole Kamper 949-230-5902
 This class is designed to take your computer skills to a new level. We will review intermediate word processing skills and build on previous knowledge and experience. You will be introduced to PowerPoint, a fun presentation program that takes your word processing and graphic skills and offers you the chance to make flyers and other projects. We will also explore making labels, holiday cards, printing envelopes, charts and graphs.

- Prerequisite: Computer Basics and basic internet skills

OASIS COMPUTER LAB

SS4030	10/5-10/12	Tu	1-3pm	\$45
SS4031	11/8-11/15	M	10am-Noon	\$45

IPHONE FOR BEGINNERS

Carole Kamper 949-230-5902
 The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of use to beginning smartphone users. Please contact the instructor if you have any questions regarding the version of your APPLE iPhone for this class.

OASIS COMPUTER LAB

SS3029	7/6	Tu	1-3pm	\$40
SS3030	8/11	W	10:30am-12:30pm	\$40
SS4020	9/15	W	10am-Noon	\$40
SS4021	10/26	Tu	1-3pm	\$40
SS4022	11/29	M	10:30am-12:30pm	\$40

IPHONE MOST USEFUL SECRETS

Jake Jacobs jakeair99@gmail.com
 Hidden Features Every User Should Know. Learn how to get the most out of your iPhone and master features you didn't know your iPhone could do. Covers hidden secrets every user should know, Camera, Photos, editing text, much more. If you know the basics—how to place and receive calls, use email and text messaging—then this class is for you. The free workshop handout will be available for download prior to class or \$15 at the door. Save \$15 and print it at home: jakeair.weebly.com. The content could change, so wait until a week prior to start date before printing.

- Bring your iPhone and handout to class.
- Minimum requirements: You should know iPhone basics. iPhone 6s or newer, iOS 14.

OASIS ROOM 2A

SS4019	10/7-10/28	Th	1-3pm	\$40
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IPAD BASICS

Carole Kamper 949-230-5902
 This class will help you learn the basics of your Apple iPad. We will cover using an iPad as a reader, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

OASIS COMPUTER LAB

SS3036	8/10	Tu	1-3pm	\$40
SS4023	10/18	M	10am-Noon	\$40
SS4024	11/10	W	1-3pm	\$40

MAKING A SHUTTERFLY ALBUM AND AWESOME BOX

Carole Kamper 949-230-5902
 Learn how to make a printable photo album using the website "Shutterfly". Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Awesome Box is an online software that gives friends and family a way to share "special occasions" photos and messages. These "cards" are then printed and are true keepsakes. Come and explore your creativity in this fun, project-based class.

- Prerequisite: Basic computer

OASIS COMPUTER LAB

SS3033	8/4	W	10:30am-12:30pm	\$40
SS4025	8/23	M	9:30-11:30am	\$40
SS4026	10/27	W	10am-Noon	\$40
SS4027	11/30	Tu	1-3pm	\$40

A SAMPLING OF APPS

Carole Kamper 949-230-5902
 Explore just a sampling of the many Apps that are available on your iPhone/Smartphone or iPad/tablet, including Uber and Lyft, Travel, Currency Exchange and Maps, eBooks including Kindle and free eBooks that can be downloaded from the Newport Beach Library, Photo sharing including Instagram. Please contact the instructor if you have any questions regarding the version of your device for this class. You will be contacted by the instructor prior to the class with instructions on how to download the apps to your device.

OASIS COMPUTER LAB

SS3034	7/28	W	10:30am-12:30pm	\$40
SS3035	8/3	Tu	10:30am-12:30pm	\$40
SS4028	9/14	Tu	1:30-3:30pm	\$40

DIGITAL PHOTO EDITING

Barbara Yin Milbert
 Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using a photo editing program.

- Prerequisite: Computer Basics or equivalent.
- Bring phone or camera cord to class.

OASIS COMPUTER LAB

SS4032	8/26-9/9	Th	9:45-10:45am	\$52
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EBAY 1

Barbara Yin Milbert
 Learn to buy and sell items on eBay.

- Pre-requisite: basic computer skills and familiarity with the internet.

OASIS COMPUTER LAB

SS4033	8/25	W	10am-Noon	\$36
SS4034	12/2	Th	10am-Noon	\$36

Online registration for Fall classes begins Thursday, July 29 at 8am.

EBAY 2

Barbara Yin Milbert

Learn more advanced skills for buying and selling items on eBay. Hands-on class.

- Pre-requisite: eBay 1 or equivalent and basic computer skills. Must also have an eBay and PayPal account.

OASIS COMPUTER LAB

SS4035 10/28-11/4 Th 11am-Noon \$36

INTRO TO FACEBOOK & SOCIAL MEDIA SITES

Barbara Yin Milbert

In this introductory class, you will learn about Facebook and the pros and cons of joining this popular social network. You will also learn how to set up an account and select your security and privacy settings. In addition, we will touch upon the other social media sites: Twitter, Snapchat, Instagram, and Pinterest.

- Prerequisite: Computer Basics and Skills or equivalent.

OASIS COMPUTER LAB

SS3109 6/24-7/8 Th 11am-Noon \$52

SS4036 8/26-9/9 Th 11am-Noon \$52

INTRO TO WORD

Barbara Yin Milbert

Learn to open and save a new document, cut, copy, and paste, use spell check, change font, text size, style and color, organize your files, insert pictures, and more!

- Prerequisite: Computer Basics or equivalent.

OASIS COMPUTER LAB

SS3115 7/22-8/12 Th 9:45-10:45am \$68

SS4038 9/23-10/14 Th 9:45-10:45am \$68

INTRO TO EXCEL

Barbara Yin Milbert

Learn to manipulate, process and view the data on a spreadsheet. Use different functions of Excel. Insert graphics into your spreadsheet.

- Prerequisite: Computer Basics and Skills or equivalent.

OASIS COMPUTER LAB

SS3106 7/22-8/12 Th 11am-Noon \$68

SS4037 9/23-10/14 Th 11am-Noon \$68

CARDS & GAMES

BEGINNING BRIDGE

Ann Cressman, Gold Life Master anncressman@gmail.com 949-495-4564

Join us to learn the exciting and stimulating game of bridge. This class is for new players & those who want to brush up on their skills.

OASIS ROOM 3

SS4009 10/5-11/16 Tu 9:30-11:30am \$145

INTERMEDIATE SUPERVISED PLAY

Ann Cressman, Gold Life Master anncressman@gmail.com 949-495-4564

Improve your play through supervised instruction and analysis of hands.

OASIS ROOM 3

SS4010 10/5-11/16 Tu 12:30-2:30pm \$145

ADVANCED BEGINNING BRIDGE 1

Ann Cressman, Gold Life Master anncressman@gmail.com 949-495-4564

Lessons will consist of handouts, play of pre-arranged hands and analysis.

OASIS ROOM 3

SS4011 9/30-11/18 Th 9:30-11:30am \$145

ADVANCED BEGINNING BRIDGE 2

Ann Cressman, Gold Life Master anncressman@gmail.com 949-495-4564

Lessons will consist of handouts, play of pre-arranged hands and analysis. Prerequisite: Advanced Beginning Bridge 1.

OASIS ROOM 3

SS4012 10/8-11/19 F 9:30-11:30am \$145

AMERICAN MAH JONGG FOR BEGINNERS

Terry Sweeney 208-920-9085

Allow me to introduce you to the exciting, action-packed game of Mah Jongg. This tile game has been played in the U.S. since the late 1930s, and is popular worldwide. Join us for fun and laughter. Come experience the thrill of your first Mah Jongg.

OASIS ROOM 3

SS4013 9/2-10/7 Th 1:30-3:30pm \$130

AMERICAN MAH JONGG-SUPERVISED PLAY

Terry Sweeney 208-920-9085

Join your fellow classmates and practice your newly acquired Mah Jongg skills. Sign up early as space is limited. All players must bring the current Card of Hands to each class.

- Prerequisite: American Mah Jongg for Beginners

OASIS ROOM 3

SS4015 9/13-10/18 M 9:30-11:30am \$130

SS4016 10/14-12/2 Th 1:30-3:30pm \$130

SS4017 10/25-11/29 M 9:30-11:30am \$130

DUPLICATE BRIDGE

Terry and Gene Casavant zeintje1@gmail.com 949-854-8138

Bring your own partner to play. Reservations are required. Please contact Terry and Gene at zeintje1@gmail.com or 949-854-8138.

*Group returns July 13.

OASIS ROOM 2

RSVP Required Ongoing Tu/F* 9:45am-2pm \$1

MAH JONGG

Doris Melnick dagm@cox.net 949-644-2600

Dave Margolis DaveSkrunner@yahoo.com 562-221-9870

Experienced players meet to play.

*Group returns July 19.

OASIS ROOM 3

RSVP Not Required Ongoing M/F* 12:30pm-3:30pm FREE

**Online registration for Fall classes
begins
Thursday, July 29 at 8am.**

FITNESS

BARRE STRETCH & STRENGTH

CS Dance Factory Info@CSDanceFactory.com 949-230-5934
 Live longer, get stronger! Standing at the barre for the whole class, you will be led through easy-to-follow, head-to-toe exercises that are effective and fun. The barre provides stability while you strengthen muscles to improve your balance, mobility and circulation. Stretch to increase flexibility and range of motion and reduce muscle tension. **No class 7/20, 7/22, 9/6, 11/26**

OASIS DANCE ROOM

SS3650	6/14-8/9	M	10:15-11:00am	\$141/8
SS3651	6/18-8/13	F	10:15-11:00am	\$141/8
SS4550	8/16-10/11	M	10:15-11:00am	\$140/8
SS4552	10/18-11/29	M	10:15-11:00am	\$125/7
SS4553	8/20-10/15	F	10:15-11:00am	\$160/9
SS4554	10/22-12/3	F	10:15-11:00am	\$ 105/6

BETTER LIFE BOXING

Andrew Deming betterlifefixing.com
 At Better Life Boxing, we provide seniors with fun, challenging and safe boxing workouts they can use to keep their bodies and brains healthy. During class, you will perform exercises that help improve your balance and coordination as well as overall strength. Better Life Boxing can give anyone a customized workout that is enjoyable and fits your specific fitness needs. It is a workout that gets your body moving and heart rate going, all while having fun. Beginner to advanced athletes welcome. **No class 7/26, 7/29, 9/6, 11/11, 11/25**

- Please bring a yoga mat, towel and water.
- Boxing gloves are required for class. Please purchase these on your own (12 oz. size gloves are appropriate). They can be found at most sporting goods stores. Email ademing@betterlifefixing.com if you have any questions about this.

OASIS DANCE ROOM

SS3629	7/12-8/9	M	3:30-4:30pm	\$77/4
SS4501	8/16-9/20	M	3:30-4:30pm	\$95/5
SS4502	9/27-10/25	M	3:30-4:30pm	\$95/5
SS4503	11/01-11/29	M	3:30-4:30pm	\$95/5

OASIS ROOM 1

SS3632	7/15-8/12	Th	8:30-9:30am	\$77/4
SS4505	8/19-9/16	Th	8:30-9:30am	\$95/5
SS4506	9/23-10/21	Th	8:30-9:30am	\$95/5
SS4507	10/28-12/2	Th	8:30-9:30am	\$77/4

OASIS ROOM 2

SS3635	7/15-8/12	Th	3:30-4:30pm	\$77/4
SS4508	8/19-9/16	Th	3:30-4:30pm	\$95/5
SS4509	9/23-10/21	Th	3:30-4:30pm	\$95/5
SS4510	10/28-12/2	Th	3:30-4:30pm	\$77/4

CHAIR EXERCISE

Judy Aprile jjjaprile@gmail.com
 Build upper and lower body strength, increase flexibility, improve postural alignment and coordination. All exercises are performed seated. **No class 9/9, 11/24**

OASIS EVENT CENTER

SS3525	7/7-7/26	MW	10:30-11:15 am	\$34/6
SS3526	8/2-8/13	MW	10:30-11:15 am	\$24/4
SS4580	8/16-8/25	MW	9:30-10:30am	\$24/4
SS4581	9/1-9/27	MW	9:30-10:30am	\$38/7
SS4582	10/4-10/25	MW	9:30-10:30am	\$38/7
SS4583	11/1-12/1	MW	9:30-10:30am	\$48/9

HEAD TO TOE FITNESS

Keith Glassman keith.glassman@gmail.com
 Starting with dynamic stretching and low impact movements, this class includes light weight-training and floor exercises, helping you maintain bone density as it strengthens and stretches muscles throughout the body. **No Class 9/28, 11/11, 11/25**

- Bring your own hand weights and resistance bands.

OASIS EVENT CENTER

SS3517	7/13-8/12	Tu/Th	8-9am	\$80/10
SS4515	8/17-9/9	TuTh	8-9 am	\$65/8
SS4516	9/14-10/7	TuTh	8-9 am	\$58/7
SS4517	10/12-11/4	TuTh	8-9 am	\$65/8
SS4518	11/9-12/2	TuTh	8-9 am	\$50/6

PHYSICAL TRAINING

Judy Aprile jjjaprile@gmail.com
 This light aerobics class targets cardiovascular conditioning, gait variation, strength and flexibility. Activities are performed standing, moving and lying on the floor. **No class 7/28, 9/3, 9/6, 9/24, 10/27, 11/5, 11/24, 11/26**

- Please bring exercise mat and hand towel.

OASIS EVENT CENTER

SS3510	7/7-7/30	MWF	8-8:45 am	\$53/10
SS3514	8/2-8/13	MWF	8-8:45 am	\$29/5
SS4571	8/16-8/27	MWF	7:10-8:00 am	\$34/6
SS4572	9/1-9/27	MWF	7:10-8:00 am	\$49/9
SS4573	10/4-10/29	MWF	7:10-8:00 am	\$57/11
SS4574	11/1-12/1	MWF	7:10-8:00 am	\$57/11
SS3513	7/7-7/30	MWF	9:15-10 am	\$53/10
SS3515	8/2-8/13	MWF	9:15-10 am	\$29/5
SS4575	8/16-8/27	MWF	8:10-9:00 am	\$34/6
SS4576	9/1-9/27	MWF	8:10-9:00 am	\$49/9
SS4577	10/4-10/29	MWF	8:10-9:00 am	\$57/11
SS4578	11/1-12/1	MWF	8:10-9:00 am	\$57/11

Online registration for Fall classes begins Thursday, July 29 at 8am.



ZUMBA GOLD® DANCE FITNESS

CS Dance Factory Info@CSDanceFactory.com 949-230-5934
 Did you know that dancing reverses the signs of aging in the brain and body? Discover how you can do this and groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact, dance steps to a variety of motivating music. Sign up now, get results and feel the joy! **No class 7/5, 7/19-23, 9/6, 11/11, 11/25, 11,26**

OASIS DANCE ROOM

SS3551	6/14-8/9	M	9-10am	\$110/7
SS3552	6/16-8/11	W	9-10am	\$125/8
SS3554	6/18-8/13	F	9-10am	\$125/8
SS4555	8/16-10/11	M	9-10am	\$125/8
SS4556	10/18-11/29	M	9-10am	\$110/7
SS4557	8/18-10/13	W	9-10am	\$140/9
SS4558	10/20-12/1	W	9-10am	\$110/7
SS4559	8/19-10/14	Th	9-10am	\$140/9
SS4560	10/21-12/2	Th	9-10am	\$80/5
SS4561	8/20-10/15	Fri	9-10am	\$140/9
SS4562	10/22-12/3	Fri	9-10am	\$95/6

MULTI-DAY DISCOUNT:

SS4563	8/16-10-15	MWF	9-10am	\$265
SS4564	10/18-12/3	MWF	9-10am	\$210

MUSIC & DANCING

BALLET II

Michelle Zehnder Caumiant mcaumiant26@gmail.com
 Join us in learning the graceful beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 2 years of dance at some time in their lives but students may adapt the lesson as needed. Please wear comfortable clothing and ballet slippers by the second class meeting. **No class 7/6, 11/23**

OASIS DANCE ROOM

SS3601	6/22-8/10	Tu	11:30am-12:30pm	\$117/7
SS4602	8/31-11/30	Tu	11:30-12:30pm	\$206/13

BALLROOM DANCE BASICS

Mandy Mykitta/Definitely Dance, Inc. mandy@definitelydance.org
 Never be a wall-flower again. From the Waltz to the Salsa, we'll teach you how to own the dance floor! Our dynamic steps and techniques will last a lifetime, and we make learning fun! No partner needed

OASIS DANCE ROOM

SS4600	10/11-11/1	M	12:30-1:30pm	\$35/4
SS4601	11/8-11/29	M	12:30-1:30pm	\$35/4

CLASSICAL BALLET BARRE

Michelle Caumiant Zehnder mcaumiant26@gmail.com
 In this adv/beg class we will be focusing on proper body alignment, balance, coordination, stamina through graceful movements that help build strength and understanding for Ballet dancing off the barre. The center floor work will be learning varied Ballet combinations using what we learned at the barre. The class atmosphere is friendly and pressure free. Everyone is invited to make any needed adaptations for your personal comfort. We will be dancing to classical music. Please feel free to email me if you have any questions. **No class 9/24**

OASIS DANCE ROOM

SS3602	6/25-8/13	F	11:30am-12:15pm	\$113/7
SS4603	9/3-11/19	F	11:30am-12:20pm	\$173/11

DANCE WORKSHOP

Michelle Caumiant Zehnder mcaumiant26@gmail.com
 This dance workshop incorporates many styles of dance seen on stage and television. You will warm up with a ballet barre and then we will work on choreography using a variety of dance styles. This is a great opportunity for you to develop a unique repertoire of dances in a fun and friendly workshop atmosphere. **No class 9/25**

- Requirement: One year of dance experience
- Please bring: ballet or jazz shoes by second class

OASIS DANCE ROOM

SS4604	9/11-11/20	Sa	11am-12:30pm	\$230/10
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INTRO TO BROADWAY DANCE

CS Dance Factory Info@CSDanceFactory.com 949-230-5934
 Come learn simple, basic Broadway dance patterns and techniques. No partner necessary as it's taught in a small group setting. Steps are broken down, so beginners are able to dance immediately with confidence. Enjoy favorite Broadway tunes, and see why dance is top-rated for your brain, your heart and your soul! Optional performance opportunities. **No class 7/21**

OASIS DANCE ROOM

SS3646	6/16-8/11	W	10:15-11am	\$141/8
SS4646	8/18-10/13	W	10:15-11am	\$160/9
SS4647	10/20-12/1	W	10:15-11am	\$125/7

Online registration for Fall classes begins Thursday, July 29 at 8am.



GROUP DRUMMING

Lee Kix

Come and discover your own personal rhythm. Group drumming is a research-based life enhancement tool. It is a music-making protocol that has been shown to boost the immune system, improve mood states, reduce stress and improve creativity and bonding. Studies show that group drumming significantly increases the disease-fighting activity of white blood cells that seek out and destroy cancer cells. This group normally meets the 2nd Wed of the month.

OASIS EVENT CENTER

RSVP Not Required 7/14 W 11:30am-12:30pm FREE

LINE DANCING

Vickie Jackson

vickie@promodonnas.com

Learn new dances and old favorites while improving your fitness level. **No Class 11/11, 11/25**

OASIS DANCE ROOM

LEVEL 1 – BEGINNER/IMPROVER (INCLUDES STEPS, SEQUENCES & VOCABULARY)

SS4620	8/26–9/23	Th	1-1:55pm	\$34/5
SS4621	9/30-10/21	Th	1-1:55pm	\$27/4
SS4622	10/28-12/2	Th	1-1:55pm	\$27/4

LEVEL 2 – IMPROVER/ EASY INTERMEDIATE (SHOULD ALREADY KNOW BASIC STEPS)

SS4623	8/26–9/23	Th	2-2:55pm	\$34/5
SS4624	9/30-10/21	Th	2-2:55pm	\$27/4
SS4625	10/28-12/2	Th	2-2:55pm	\$27/4

LEVEL 3 – EASY INTERMEDIATE/INTERMEDIATE (STEP COMPETENCY REQUIRED)

SS4626	8/26–9/23	Th	3-3:55pm	\$34/5
SS4627	9/30-10/21	Th	3-3:55pm	\$27/4
SS4628	10/28-12/2	Th	3-3:55pm	\$27/4

COMBO CLASS: LEVEL 1 & 2

SS4629	8/26–9/23	Th	1-2:55pm	\$44/5
SS4630	9/30-10/21	Th	1-2:55pm	\$36/4
SS4631	10/28-12/2	Th	1-2:55pm	\$36/4

COMBO CLASS: LEVEL 2 & 3

SS4632	8/26–9/23	Th	2-3:55pm	\$44/5
SS4633	9/30-10/21	Th	2-3:55pm	\$36/4
SS4634	10/28-12/2	Th	2-3:55pm	\$36/4

SAILING

SAILING

OASIS Sailing Club makes recreational sailing available to members and their guests and provides instruction in sailing to those members who wish to learn how to handle a sailboat. Enjoy year-round sailing in our beautiful Catalina 34 MKII sloops, OASIS-V and OASIS-VI. Both are in excellent condition and ready for all-weather operations. Sailing is sometimes tranquil, often challenging and always enjoyable. Our friendly club members welcome both experienced and new sailors. There is a \$50 monthly dues fee. Sailing is free. (Google "oasis sailing club" for our website).

Call Membership Chair Laura DeSoto at 714-318-5832 or email OSCMembership@OasisSailingClub.org for membership details.

REGISTER YOUR BIKE ONLINE

NEWPORT BEACH POLICE DEPARTMENT HAS PARTNERED WITH PROJECT 529 AN ONLINE BICYCLE REGISTRY. IF YOUR BIKE GETS STOLEN, YOUR SERIAL NUMBER AND A DETAILED DESCRIPTION WILL BE AVAILABLE TO HELP OUR OFFICERS GET IT BACK!

www.project529.com/newportbeach

- TAKES FIVE MINUTES TO REGISTER AND IT'S FREE
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